



**Counselor-In-Training (CIT)**  
**2010 Application Information**



Thank you for your interest in serving as a CIT for Camp Rising Sun (CRS)! If selected, you will be given the opportunity to receive on-the-job training that will prepare you for future leadership opportunities. Additionally, you will have the chance to make a difference in the life of a child with an Autism Spectrum Disorder.

### **What is a CIT?**

A Counselor-In-Training is an integral part of Camp Rising Sun's programming. As a CIT, you will assist the CRS staff with activities, arts and crafts, games, and in general, making the camp fun! A CIT is someone who is dependable, energetic, and is willing to work hard while having a great time! You will be helping staff oversee campers between the ages of 8-13. It is up to you, as a CIT, to be a good role model to our campers with an autism spectrum disorder, and their peers.

### **Requirements to be a CIT:**

- Must be between the ages of 16-17 (age 16 by the first day of camp)
- Must attend a mandatory two-day staff training (dates to be announced)
- Must provide a minimum of two letters of reference
- Must complete an interview with CRS representatives
- Must have a doctor complete a health exam within 12 months of camp
- Must participate in a 2 day pre-camp training
- Must comply with staff personnel policies
- Know each camper assigned to your unit and help him/her to get the most from the camp experience.
- Participate actively in the camp written and/or oral program schedule
- Work cooperatively with other staff members
- Work with medical staff to ensure the health of campers
- Offer emotional support and guidance to campers
- Must be able to successfully participate, organize, and complete the interview and application process to work at CRS
- Follow a written and/or verbal daily schedule
- Be aware of time; carry or wear a watch and follow the times on your schedule
- Must be able to take feedback from others in a positive manner (with facilitation)
- Must be aware that others' needs may be met before yours (with facilitation)
- Be aware of your own anxiety and be willing to help yourself manage it
- Be willing to carry out all CIT jobs and duties when tired
- Be willing to participate in all activities at CRS (list activities)
- Ask for help when needed (this can be prompted)
- Follow a 3-4 step verbal and/or written direction without supervision
- Verbally listen and respond to fellow campers, staff, and CIT's

- Physically lift and move 1-15 lbs.
- Engage and contribute to a small group discussion of CIT's (with facilitation)

\*There is a non refundable application fee of \$75 and if selected, a \$200 participation fee is required to take part in the CIT program. The fee is due May 1, 2010.

### **CIT Duties/Jobs**

- Clean the sensory toys each night
- Help pick up games and puzzles each night
- Deliver water to various areas of camp
- Set out snacks for campers
- Prepare and serve evening snack at campfire
- Demonstrate certain activities and skills when asked (ropes, swimming, field games, ....)
- Be on time to group activities
- Physically stay with your group
- Do what a counselor, staff, or team leader asks you to do

### **How Do I apply to be a CIT?**

Please fill out and mail the application, complete with two completed letters of reference to:

Camp Rising Sun  
Center for Development and Disability, UNM  
2300 Menaul NE  
Albuquerque, N.M. 87107

[www.camprisingsunnm.org](http://www.camprisingsunnm.org)

*Revised 1/09*



## Camp Rising Sun – 2009 CIT Application

Name: \_\_\_\_\_ Home Telephone #: \_\_\_\_\_

Address: \_\_\_\_\_ Cell phone #: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Gender: Male \_\_\_\_ Female \_\_\_\_ # of Previous Years at Camp Rising Sun \_\_\_\_\_

Date of Birth \_\_\_/\_\_\_/\_\_\_ Age in June \_\_\_\_ Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Driver's License #: \_\_\_\_\_ State issued: \_\_\_\_\_

With whom do you live full time? Name \_\_\_\_\_ Relationship \_\_\_\_\_

Mother's Name \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_

Father's Name \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_

Emergency Contact (Other than parent): Name \_\_\_\_\_ Cell # \_\_\_\_\_

School: \_\_\_\_\_ City \_\_\_\_\_ Current Grade Level \_\_\_\_\_

Your email: \_\_\_\_\_ Parent email (if different) \_\_\_\_\_

Please check the session you would like to volunteer for: 6/27-7/2 \_\_\_\_\_ 7/25-30 \_\_\_\_\_

T-shirt size (circle one)          Adult – S M L XL 2X

*Be thorough in your answers to the following questions:*

1. Please describe what interests you most about the counselor-in-training position.

2. What previous camp experience, or experience working with children, do you have?

3. What activities or experiences have you been involved in, which would reflect that you are a person of good character?

4. Please list your interests, hobbies, awards, leadership experiences or organizations in which you belong that you feel may benefit you in performing as a counselor-in-training.

5. Name one of your heroes and explain why this person is a hero of yours:

6. Please list other information you feel important:

### **Applicant Verification and Release**

I recognize that Camp Rising Sun is relying on the accuracy of the information contained herein. Accordingly, the above information is true and correct to the best of my knowledge.

I agree, to the best of my ability, to abide by all the policies and procedures of the organization, and to help staff I assist to protect the health and safety of the children or youth in my group at all times.

Printed name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian printed name: \_\_\_\_\_ Relationship \_\_\_\_\_

Parent/guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

*Revised 1/09*

**Camp Rising Sun...Confidentiality Statement**

As a CIT of Camp Rising Sun, I understand that confidential interactions and experiences with campers and their families will occur, as well as review of private records. Any information I obtain from the camp experience or private records is to be considered highly confidential. The use of such information is subject to normal standards of medical confidentiality. No identifying information about campers is to be revealed in subsequent discussion or writing about the camp experience. General information should not be shared other than for purposes of formal camp evaluation or professional growth.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

### **Liability Waiver**

As a CIT of Camp Rising Sun, held on the property owned by Camp Oro Quay, I hereby agree to waive any claim for liability against Camp Rising Sun, Inc. or Camp Oro Quay due to any injury associated with any camp activities. The undersigned is aware of potential risks and agrees that this waiver applies to: traveling to and from camp, attending the camp, and participating in any camp programs and events.

Printed Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Camp Rising Sun  
Center for Development and Disability  
University of New Mexico  
2300 Menaul NE  
Albuquerque, N.M. 87107  
505.272.1852  
1.800.877.6380  
[www.camprisingsun.org](http://www.camprisingsun.org)



### Camp Rising Sun - CIT Recommendation Form

Applicant Name \_\_\_\_\_ Date \_\_\_\_\_

Reference Name \_\_\_\_\_ Phone # \_\_\_\_\_

This individual has applied for a Counselor-in-Training position (working with children with an autism spectrum disorder, ages 8-13 yrs., and their peers) at Camp Rising Sun, a residential summer camp in the East Mountains of Albuquerque. We greatly appreciate your honest evaluation of the applicant.

1. How are you associated with the applicant?
  
2. What do you think are the strengths of the applicant?
  
3. What do you think might be challenges for the applicant in this position?
  
4. Would you feel comfortable leaving your child in the direct care and/or influence of the applicant?  
 Yes \_\_\_\_\_ No \_\_\_\_\_ Why?

	Low			High			Comments
	1	2	3	4	5	6	
Positive Attitude	1	2	3	4	5	6	
Enthusiasm	1	2	3	4	5	6	
Responsibility	1	2	3	4	5	6	
Initiative	1	2	3	4	5	6	
Teamwork	1	2	3	4	5	6	
Character	1	2	3	4	5	6	
Relating to Children	1	2	3	4	5	6	
Social Skills	1	2	3	4	5	6	

Thank you for your comments... Camp Rising Sun  
 CDD/UNM  
 2300 Menaul NE  
 Albuquerque, NM 87107

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